



OUTCOME BASED OBJECTIVES OF THE FAMILY MEDICINE AND INTERNAL MEDICINE RESIDENCY TRAINING PROGRAMS

INSTRUCTIONAL DESIGN

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**Philippine College of Geriatric Medicine
Outcome-Based Geriatric Medicine Rotation for
Family Medicine and Internal Medicine Residency Training Programs
INSTRUCTIONAL DESIGN**

<i>Objectives: At the end of the rotation, the family medicine/medical resident should:</i>	<i>Contents</i>	<i>Teaching-Learning Activity</i>	<i>Evaluation</i>
- Incorporate pharmacokinetics/ pharmacodynamics in taking care of the older person	Pharmacology of Aging/ Polypharmacy	Lecture Case discussion/case audit	Written examination
- Conduct a comprehensive history from an elder including data on social support and functional ability - Perform a full physical examination, including locomotor, nervous and cardiorespiratory systems	Comprehensive Geriatric Assessment	Perform CGA in all geriatric patients Ward/ OPD Rotation	Performance Evaluation by Consultant OSCE
- Recognize, assess and manage diseases in the elderly, with	Diseases in the Older Patient	Lecture Series Case Discussion	Audit Written Examination

particular attention to the different pathophysiology that happen in the older patients		Case Management Teaching Rounds	OSCE
- Recognize, assess and manage geriatric syndromes (falls, frailty, dementia, depression, urinary incontinence, malnutrition), and Refer when appropriate	Geriatric Syndromes	Case discussion Teaching Rounds	Written Examination OSCE
- Identify and document physical and behavioral signs of elderly abuse and/or neglect; and consider community resources and adult protective services referral and social work assessment, when appropriate	Elderly Abuse/ Violence	Lecture Case presentation	Performance Evaluation
- Recognize that there is a multi- and interdisciplinary approach to the geriatric patient	Inter-Multidisciplinary Approach to Geriatric Care	Case Discussion	Case Audit
- Select/discriminate appropriate laboratory request, and interpret/explain basic x-rays and laboratory data	Choosing Appropriate Laboratory/ Diagnostic Exams Normative Values Interpreting Basic Radiologic Exams	Lecture Case presentation	Written and oral examinations
- Accomplish basic health planning (family health and discharge planning including short and long-term care)	Health Planning for Short and Long Term Care of the Older Person	Case presentation Family conference Discharge Planning Notes	Chart review
- Apply primary, secondary, tertiary prevention of disease and disability, when indicated -	Primary, Secondary, & Tertiary Prevention Geriatric Laws (Republic Acts) National Policies and Guidelines	Case discussion Lectures Public health expo (e.g., lay activity during geriatric month)	Oral examination Written examination
- Recognize, evaluate and manage geriatric emergencies (Delirium, Sepsis, Organ Failures)	Management of Geriatric Emergencies/Urgencies	Lecture Series Case discussion Rotation in the OPD /ER/ICU	Written examination OSCE

<ul style="list-style-type: none">- Refer patients properly to a healthcare setting (home, ambulatory hospital, nursing home care, palliative care, hospice)	Recognizing Limitations of Practice Ethical Issues in Medical Practice Transitional Care of the Elderly	Lecture Case Discussion	Written examination Oral examination
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